

Catherine Swiderski, OTR/L

Education

- 05/2017- 12/19 **Master of Science: Occupational Therapy**
University of Mary - Bismarck, ND
- 08/2012-
04/2016 **Bachelor of Science: Sport Science**
Northern Michigan University - Marquette, MI

Work History

- 3/2020-current **OTR/L, Inpatient PRN therapist**
Aspirus Grand View Hospital, Ironwood, MI
- Perform client centered evaluation
 - Implement individualized treatment plans
 - Collaborate in evaluation sessions with physical therapy discipline
 - Effective utilization of EPIC documentation software
- 2/2020-current **OTR/L, Inpatient PRN therapist**
Northern Lights Services, SNF, Washburn, WI
- Perform client centered evaluations
 - Implement individualized treatment plans
 - Utilize collaborative communication with SLP, OTA, PTA, PT disciplines
 - Effective utilization of OBRA documentation software
- 09/19-11/19 **Level II Fieldwork Student School Setting**
Big Sky Special Needs Cooperative, Conrad, MT
- Itinerant school based services
 - Administered standardized assessments including Bot-2, M-FUN, and Dial 4 and non-standardized assessments including criterion referenced developmental checklist, sensory profile and observation
 - Completed timely and concise documentation of evaluation results and treatment session
 - Implemented individualized treatment interventions to promote academic success in accordance with IEP
 - Collaborated with school staff and parents or guardians
- 05/19-08/19 **Level II Fieldwork Student Acute Care**
Kadlec Regional Medical Center, Richland, WA
- Administered standardized assessments including Short Blessed Test and MOCA and non-standardized including MMT, ROM, and neurological screens
 - Utilized translator services to communicate with non-English speaking patients
 - Implemented client centered evaluation and plan of care to optimize outcomes
 - Completed clinical documentation in EPIC electronic health record system.
 - Participated in interdisciplinary team communication to coordinate patient care
- 03/19-03/19 **Level I Fieldwork Student**
Dickinson Rehabilitation Services, Iron Mountain, MI
- acute care, home health, outpatient services
- 03/18-03/18 **Level I Fieldwork Student**
Ivymount School, Bethesda, MD
- Private school for children with developmental, physical, and learning disabilities.

Personal Info

Address
229 East Bayfield St
Washburn, WI 54891

Phone
(517) 420-6354

E-mail
cat.swiderski@gmail.com

Skills

- Effective interpersonal communication skills
- Comprehensive documentation abilities
- Organization and planning
- Effective therapeutic use of self

11/2018-
04/2019

Child Watch Staff

Missouri Valley Family YMCA, Bismarck, ND

- Organized and supervised activities and games for children
- Organized "Parent Night Out" event activities
- Modeled appropriate social behaviors and encouraged concern for other
- Cleaned and tidied childcare area after activities.

09/2016-
04/2017

Direct Care Staff

Copper Country Community Mental Health, Houghton, MI

- Provided direct care including bathing, toileting, dressing, grooming, and feeding
- Certified for medication administration
- Organized social and community outings for residents
- Documented current resident information to update supervising nurse, including vital signs, medication, behaviors and eating habits
- Worked to improve patient outlook and daily living through compassionate care.

06/2016-
08/2016

Camp Counselor

Bay Cliff Health Camp, Big Bay, MI

- Provided 24/7 care for five male school aged campers with physical disabilities for a seven week session.
- Implemented therapy goals throughout duration of camp to improve physical, social, and emotional skills.
- Adapted camp activities including swimming, kayaking, games, and arts and crafts

04/2014-
09/2014

Home Health Aide

Arcadia Home Care & Staffing, Marquette, MI

- Assisted elderly clients in their home with activities of daily living including bathing, toileting, dressing, eating, and incontinence care
- Developed strong and trusting rapport with each client to facilitate best possible care and assistance
- Transported clients to doctors' appointments and to complete personal errands

06/2013-
08/2013

Residential Technician

Residential Options Incorporated, Okemos, MI

- Implemented educational and behavior intervention plan as part of summer skills program for child with Autism Spectrum Disorder to promote age appropriate social and emotional skills
- Organized projects that focused on problem solving skills and creative thinking for child

Affiliations and Awards

- North Dakota Occupational Therapy Association Student of the Year 2018
- Membership Chair, Student Occupational Therapy Association (SOTA), 2018-2019
- Pi Theta Epsilon Honor Society Member
- American Occupational Therapy Association Member
- Wisconsin Occupational Therapy Association Member

Licenses and Certifications

- NBCOT Certified # 43444
- Occupational Therapist State of Michigan # 5201010868
- Occupational Therapist State of Wisconsin #6684 - 26